PEOPLE WITH SPECIAL NEEDS

# CATHOLIC CHARIJES **COMMUNITY AND FAMILY SERVICES** SENIORS YOUNG PARENTS

# CATHOLIC CHARITIES CARES

Summary of Agency Services and Activities 2011

Catholic Charities of the Archdiocese of Toronto provides social services, leadership and advocacy for its member agencies and the people they serve. At its core is Catholic Social Teaching that focuses on the poor and marginalized, urging us all to build a just society and safeguard the dignity of every person.



#### PRESIDENT'S MESSAGE



As we look forward later this year to the commencement of Catholic Charities' year-long celebration, marking 100 years of Catholic service in the archdiocese of Toronto, we are only too aware of all the people that we have helped since Archbishop Neil McNeil asked Fr. Patrick Bench to help co-ordinate the work of Catholic agencies. We have come a long way since those humble

beginnings, but there is still so much more to do to assist the most vulnerable of our society.

In 2011, Catholic Charities increased funding to member agencies by about \$400,000, most of which was one time funding to support desperately needed programmes. These included successfully implementing a two year funding allocation process, and finalizing the revised (and shortened) membership review manual. The policy on Catholicity that was last revised in 1995 will be finalized by mid-year 2012. Catholic Charities continues to raise awareness about important issues of the day as exemplified in the two election guides created for the federal and provincial elections. And lastly, seeing the need and importance of shared services, we decided that any new funding would be given to collaborative/shared service projects involving member agencies.

All of our accomplishments in 2011 could not have been achieved without the tremendous work and dedication of the Board and many volunteers, the support of ShareLife, its donors and our staff. Speaking of our staff, we said good-bye to Nancy Lunney, who managed the Allocations Program for Catholic Charities and who retired after nine years of service. To all of you, we offer our thanks. Your contribution is very much appreciated.

Larry Murray, President of Catholic Charities

# Les Centres d'Accueil Héritage

## LOVING LIFE IN A CARING PLACE

Mme Brunet will tell you that since the day she moved into La Place St-Laurent, a residence run by Les Centres d'Accueil Héritage, a Catholic Charities member agency, she felt at home. It has been her home now for 31 years.

Les Centres (CAH) serves the francophone community and is a leading provider of community long-term care services and rent-geared to income housing.

Last year, Mme Brunet was in hospital for an extended period, because, as she says, "my heart doesn't pump so well anymore." Once home at La Place St-Laurent, she recovered quickly. "I do walk now and don't fall as I did in hospital. I even walk to the sink to do the dishes. I'm used to being useful."

#### Rose of Durham

## A SINGLE MOM FINDS STRENGTH... AND SUCCESS

Shannon was 17 when she became pregnant. She felt alone, scared and confused. After a friends' recommendation, Shannon sought out the services of Rose of Durham, a Catholic Charities member agency that works with young parents in Durham Region, providing supportive programs to help them build a better future for themselves and their children.

Shannon obtained information, guidance, tools and support to become a good parent. Through the Young Parent Resource Centre, she completed her high school education. In dollar terms, that meant an additional \$8,861 well above minimum wage, a boost to her confidence and self-esteem. The job helped her save over \$10,770 a year.

The value added to what Rose of Durham does involves social and economic benefits not only to Shannon but for her community. Through the Rose, Shannon found the strength to get out of a negative relationship. Had she not, it would have meant staying and paying \$85 a night at a women's shelter and worse facing domestic violence. It would have meant a significant financial cost to the community (\$342 per call) and a negative impact on the well-being of Shannon and her child.

Thanks to counselling, Shannon learned to take care of the health of both herself and her child and maintain a stable and healthy pregnancy. Just learning the importance of eating well-balanced meals helped reduce her pre-term labour. In dollar terms, it probably saved some \$4,600 in hospitalization costs.

Through Rose of Durham, Shannon did much more. She was was able to move forward, and ensure a healthy life for herself and her child.



#### SOCIAL SERVICES: REAL VALUE ADDED

In 2011, the per capita average cost of a hospital stay for a person over 80 was \$10,000. In 2010, an average hospital stay was 6.40 to 7.71 days. The cost of long-term care is \$200 a day with the government paying \$150 for a basic room. The total government cost is about \$55,000 per year.

The estimated cost of the care Mme Brunet received through Les Centres with support from Community Care Access Centre (CCAC) was about \$6,000. If she had been in long-term hospital care, it would be almost seven times that cost.

#### Covenant House

# AN INNOVATIVE PROGRAM TO HELP YOUTH IN TRANSITION

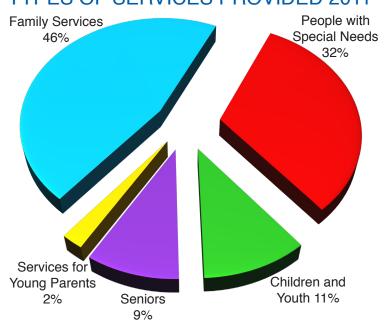
He was just 19. We'll call him Tim. He agreed to meet with a Youth in Transition worker at Covenant House, a Catholic Charities associate member agency. He had an addiction to alcohol and would often find himself in very dangerous situations. He hadn't finished high school, was on parole, was unemployed and finding it difficult to get motivated.

Youth in Transition (YIT) is an innovative program providing youth with one-on-one support to make a gradual and positive transition into adulthood. In collaboration with Covenant House and with support from Catholic Charities, researchers from the Catholic Children's Aid Society and Ryerson University track program outcomes for young people. Demand from youth remains high.

After connecting with the YIT worker, Tim felt he was in a relationship of trust and slowly began to make some changes. The YIT worker accompanied him on his parole check-ins. Then, he was able to do it alone until his probation was finished. Dealing with his addiction was imperative. After a number of conversations with his YIT worker, Tim joined an AA group and has since quit drinking.

The YIT worker helped and encouraged Tim to enroll in a print shop program which later developed into a paid position. Tim was so excited that he brought in a certificate of completion and asked if the YIT worker would hang it on the wall; it hangs proudly there today.

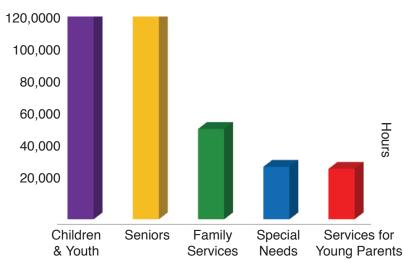
#### **TYPES OF SERVICES PROVIDED 2011**



N.B. Services for Seniors are also included within Family Services and People with Special Needs.



# MEMBER AGENCY VOLUNTEER HOURS



**VOLUNTEERS 'VALUE-ADDED'** Volunteers are a source of great strength for Catholic Charities and its member agencies. Their work allows more funding to meet other emerging needs. Based only on Ontario's hourly minimum wage (\$10.25), it would total an impressive \$2.5 million!

### ADAPTING TO EMERGING NEED

Catholic Charities' member agencies are responding to the changing landscape in Ontario and emerging needs of families and individuals in our communities: growing poverty, more food insecurity, little affordable social and supportive housing, and unemployment and underemployment.

#### SHARED SERVICES

Social services are being asked to do much more with much less. Charities member agencies are together developing ways to share services that will keep costs down and better meet the needs of marginalized groups.

#### WALK-IN CLINICS

Catholic Charities was instrumental in establishing seven walk-in counselling clinics operated by its family service agencies.

# CATHOLIC CHARITIES MEMBER AGENCIES

How you can contact member agencies of Catholic Charities

#### **COMMUNITY / FAMILY SERVICES**

#### **Catholic Community Services** of York Region

T 905-770-7040 F 905-770-7064 T/F 1-800-263-2075 Eccsyr@ccsyr.org Wwww.ccsyr.org

#### **Catholic Crosscultural Services**

T 416-757-7010 F 416-757-7399 W www.cathcrosscultural.org

#### **Catholic Family Services of Durham**

T 905-725-3513 F 905-725-8377 T/F 1-877-282-8932 E info@cfsdurham.com W www.cfsdurham.com

#### **Catholic Family Services Peel-Dufferin**

T 905-450-1608 T 905-897-1644 F 905-450-8902 E info@cfspd.com W www.cfspd.com

#### **Catholic Family Services of Simcoe County**

T 705-726-2503 F 705-726-2570 E info@cfssc.ca W wwwcfssc.ca

#### **Catholic Family Services of Toronto**

T 416-921-1163 F 416-921-1579 E info@cfstoronto.com W www.cfstoronto.com

#### **Marguerite Bourgeoys Family Centre** / FertilityCare Programme

T 416-465-2868 F 416-465-3538 E info@fertilitycare.ca W www.fertilitycare.ca

#### **Natural Family Planning Association**

T 416-481-5465 E toronto@naturalplanning.ca W www.naturalfamilyplanning.ca/toronto

**±CATHOLIC CHARITIES ASSOCIATE MEMBER ASSOCIATED WITH CATHOLIC CHARITIES** *♦ FUNDED BY CATHOLIC CHARITIES* 

**SL ShareLife** 

#### PEOPLE WITH SPECIAL NEEDS

Carmelina's Home - Mater Dei ± T 416-242-4207 F 416-242-4161 E carmelinashome@sympatico.ca W www.carmelinashome.com

#### **Mary Centre**

T 416-630-5533 F 416-630-5702 E dconforti@marycentre.com W www.marycentre.com

#### **Our Place Community of Hope**

T 416-598-2919 F 416-598-8912 E info@ourplacecommunityofhope.com W www.ourplacecommunityofhope.com

#### Saint Elizabeth Health Care

T 905-940-9655 F 905-940-9934 E communications@saintelizabeth.com W www.saintelizabeth.com

#### St. Bernadette's Family Resource Centre

T 416-654-9810 F 416-781-1632 E stbernadettesfrc@rogers.com W www.stbernadettesfrc.org

#### St. Michael's Homes / Matt Talbot Houses

T 416-926-8267 F 416-926-8775 E info@stmichaelshomes.org W www.stmichaelshomes.org

#### Silent Voice Canada

T 416-463-1104 F 416-778-1876 TTY 416-463-3928 E silent.voice@silentvoice.ca W www.silentvoice.ca

#### **SENIORS**

#### Les Centres d'Accueil Héritage

T 416-365-3350 F 416-365-1533 E info@caheritage.org W www.caheritage.org

#### **Loyola Arrupe Centre for Seniors**

T 416-766-7977 F 416-766-9258 E melissa@loyolaarrupecentre.com W www.loyolaarrupecentre.com

#### **Providence Healthcare**

T 416-285-3666 F 416-285-3620 E info@providence.on.ca W www.providence.on.ca

#### **Society of Sharing**

T 416-413-0380 F 416-413-4814 E info@societyofsharing.org W www.societyofsharing.org

#### CHILDREN AND YOUTH

#### Catholic Children's Aid Society of Toronto

T 416-395-1500 F 416-395-0583 E pr@ccastoronto.on.ca W www.ccas.toronto.on.ca

#### **Catholic Settlement House Day Nursery**

T 416-977-0254 F 416-977-8053 E cshdn@on.aibn.com

#### Covenant House Toronto ±

T 416-598-4898 F 416-204-7030 T-F 1-800-435-7308 E cino@covenanthouse.ca W www.covenanthouse.ca

#### Sancta Maria House

T 416-925-7333 F 416-923-2541 E info.smh@bellnet.ca

#### Camp Ozanam ◊

Society of St. Vincent de Paul Toronto Central Council T416-364-5577 F416-364-2055 E info@ssvptoronto.ca

#### YOUNG PARENTS

#### Birthright International ±

T/F 1-800-550-4900 T 416-469-1111 E info@birthright.org W www.birthright.org

#### **Rosalie Hall**

T 416-438-6880 F 416-438-2457 E info@rosaliehall.com W www.rosaliehall.com

#### Rose of Durham

T 905-432-3622 F 905-432-3974 E roseofdurham@roseofdurham.com W www.roseofdurham.com

#### Rose of Sharon

T 905-853-5514 F 905-853-5949 E information@therose.ca W www.therose.ca

#### Vita Centre

T 905-502-7933 F 905-502-7868 E info@vitamanor.org W www.vitamanor.org



EDITION 2012

